

PCRmax Ltd TM qPCR test

Hand, Foot and Mouth Disease

polyprotein gene

150 tests

For general laboratory and research use only



Introduction to Hand, Foot and Mouth Disease

Hand, foot and mouth disease (HFMD) is a human syndrome caused by intestinal viruses Human enterovirus C and enterovirus 71 (EV-71). It is moderately contagious and is spread through direct contact with the mucus, saliva, or feces of an infected person.

Aside from HFMD, EV71 is sometimes associated with severe central nervous system diseases. It is a non-enveloped, spherical virion, about 30 nm in diameter with a capsid surrounding the naked RNA genome. The linear genome is single stranded sense RNA of 7.4 kb and is composed of a single ORF encoding a polyprotein.

Human enterovirus C belongs to the genus Enterovirus. The isometric capsid has a diameter of 28-30 nm and appears round. The genome is not segmented and contains a single molecule of linear positive-sense, single-stranded RNA consisting of 7400 nucleotides. They are also capable of causing causing herpangina and acute hemorrhagic conjunctivitis (AHC).

HFMD typically affects children under 10 years of age. Adults and older children with HFMD tend to develop a milder form of the illness compared with younger children. The incubation period is 3-5 days. The disease generally presents as a fever, malaise, sore mouth and development of a rash. Mouth lesions appear on the inside surfaces of the cheeks, gums and on the sides of the tongue. Raised pink spots that develop into blisters, which may persist for seven to ten days, can also occur as a rash, especially on the palms, fingers, soles and occasionally on the buttocks. Attachment of the virus to host receptors mediates endocytosis of the virus into the host cell. The capsid then undergoes a conformational change and releases VP4 that opens a pore in the host endosomal membrane and the viral genomic RNA penetrates into the host cell cytoplasm (the empty capsid remains intact). VPg is removed from the viral RNA, which is then translated into a processed polyprotein. Replication occurs in viral factories made of membrane vesicles derived from the ER. A dsRNA genome is synthesized from the genomic ssRNA(+) and packaged into preassembled capsids which are then released by cell lysis.

Most cases are passed on by coughing and sneezing which transmits the virus into the air and outbreaks are reported in nurseries and schools where children are in close proximity to each other. The virus is also spread by direct contact with nasal and throat secretions or faeces of the infected person. Infected individuals are often contagious several weeks after the symptoms have disappeared.

Specificity

The PCRmax qPCR Kit for Hand, Foot and Mouth Disease (HFMD) genomes is designed for the in vitro quantification of HFMD genomes. The kit is designed to have the broadest detection profile possible whilst remaining specific to the HFMD genome. The primers and probe sequences in this kit have 100% homology with a broad range of HFMD sequences based on a comprehensive bioinformatics analysis.

If you require further information, or have a specific question about the detection profile of this kit then please send an e.mail to CPtechsupport@coleparmer.com and our bioinformatics team will answer your question.

Kit contents

- **Human enterovirus C primer/probe mix (150 reactions BROWN)**
FAM labelled
- **Human enterovirus 71 primer/probe mix (150 reactions BROWN)**
FAM labelled
- **Human enterovirus C positive control template (for Standard curve RED)**
- **Human enterovirus 71 positive control template (for Standard curve RED)**
- **Internal extraction control primer/probe mix (150 reactions BROWN)**
VIC labelled as standard
- **Internal extraction control RNA (150 reactions BLUE)**
- **Endogenous control primer/probe mix (150 reactions BROWN)**
FAM labelled
- **HEV-C and EV-71/Internal extraction control/endogenous control RT primer mix (150 reactions GREEN)**
Required for two step protocol only
- **RNase/DNase free water (WHITE)**
for resuspension of primer/probe mixes
- **Template preparation buffer (YELLOW)**
for resuspension of internal extraction control template, positive control templates and standard curve preparation

Reagents and equipment to be supplied by the user

Real-time PCR Instrument

RNA extraction kit

This kit is designed to work well with all processes that yield high quality RNA with minimal PCR inhibitors.

Lyophilised OneStep 2X RT-qPCR Master Mix

This kit is designed to be compatible with all commercially available OneStep master mixes that run with standard cycling conditions.

Pipettors and Tips

Vortex and centrifuge

Thin walled 1.5 ml PCR reaction tubes

Kit storage and stability

This kit is stable at room temperature but should be stored at -20°C on arrival. Once the lyophilised components have been resuspended they should not be exposed to temperatures above -20°C for longer than 30 minutes and unnecessary repeated freeze/thawing should be avoided. The kit is stable for six months from the date of resuspension under these circumstances.

If a standard curve dilution series is prepared this can be stored frozen for an extended period. If you see any degradation in this serial dilution a fresh standard curve can be prepared from the positive control.

PCRmax does not recommend using the kit after the expiry date stated on the pack.

Suitable sample material

All kinds of sample material suited for PCR amplification can be used. Please ensure the samples are suitable in terms of purity, concentration, and RNA/DNA integrity (An internal PCR control is supplied to test for non specific PCR inhibitors). Always run at least one negative control with the samples. To prepare a negative control, replace the template RNA sample with RNase/DNase free water.

Dynamic range of test

Under optimal PCR conditions PCRmax HFMD detection kits have very high priming efficiencies of >95% and can detect less than 100 copies of target template.

Notices and disclaimers

This product is developed, designed and sold for research purposes only. It is not intended for human diagnostic or drug purposes or to be administered to humans unless clearly expressed for that purpose by the Food and Drug Administration in the USA or the appropriate regulatory authorities in the country of use. During the warranty period PCRmax detection kits allow precise and reproducible data recovery combined with excellent sensitivity. For data obtained by violation to the general GLP guidelines and the manufacturer's recommendations the right to claim under guarantee is expired. PCR is a proprietary technology covered by several US and foreign patents. These patents are owned by Roche Molecular Systems Inc. and have been sub-licensed by PE Corporation in certain fields. Depending on your specific application you may need a license from Roche or PE to practice PCR. Additional information on purchasing licenses to practice the PCR process may be obtained by contacting the Director of Licensing at Roche Molecular Systems, 1145 Atlantic Avenue, Alameda, CA 94501 or Applied Biosystems business group of the Applied Biosystems Corporation, 850 Lincoln Centre Drive, Foster City, CA 94404. In addition, the 5' nuclease assay and other homogeneous amplification methods used in connection with the PCR process may be covered by U.S. Patents 5,210,015 and 5,487,972, owned by Roche Molecular Systems, Inc. and by U.S. Patent 5,538,848, owned by The Perkin-Elmer Corporation.

Trademarks

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The PCR process is covered by US Patents 4,683,195, and 4,683,202 and foreign equivalents owned by Hoffmann-La Roche AG. BI, ABI PRISM® GeneAmp® and MicroAmp® are registered trademarks of the Applied Biosystems (Applied Biosystems Corporation). BIOMEK® is a registered trademark of Beckman Instruments, Inc.; iCycler™ is a registered trademark of Bio-Rad Laboratories, Rotor-Gene is a trademark of Corbett Research. LightCycler™ is a registered trademark of the Idaho Technology Inc. GeneAmp®, TaqMan® and AmpliTaqGold® are registered trademarks of Roche Molecular Systems, Inc., The purchase of the PCRmax reagents cannot be construed as an authorization or implicit license to practice PCR under any patents held by Hoffmann-LaRoche Inc.

Principles of the test

The kit contains two sets of primers and probes. Each of the polyprotein gene primer and probe sets are designed to detect the two pathogens known to be the causative agents of Hand, Foot and Mouth disease, namely Human enterovirus C and Human enterovirus 71.

Real-time PCR

A HFMD specific primer and probe mix is provided and this can be detected through the FAM channel.

The primer and probe mix provided exploits the so-called TaqMan® principle. During PCR amplification, forward and reverse primers hybridize to the HFMD cDNA. A fluorogenic probe is included in the same reaction mixture which consists of a DNA probe labeled with a 5`-dye and a 3`-quencher. During PCR amplification, the probe is cleaved and the reporter dye and quencher are separated. The resulting increase in fluorescence can be detected on a range of qPCR platforms.

Positive control

For copy number determination and as a positive control for the PCR set up, the kit contains a positive control template. This can be used to generate a standard curve of HFMD copy number / Cq value. Alternatively the positive control can be used at a single dilution where full quantitative analysis of the samples is not required. Each time the kit is used, at least one positive control reaction must be included in the run. A positive result indicates that the primers and probes for detecting the target HFMD gene worked properly in that particular experimental scenario. If a negative result is obtained the test results are invalid and must be repeated. Care should be taken to ensure that the positive control does not contaminate any other kit component which would lead to false-positive results. This can be achieved by handling this component in a Post PCR environment. Care should also be taken to avoid cross-contamination of other samples when adding the positive control to the run. This can be avoided by sealing all other samples and negative controls before pipetting the positive control into the positive control well.

Negative control

To validate any positive findings a negative control reaction should be included every time the kit is used. For this reaction the RNase/DNase free water should be used instead of template. A negative result indicates that the reagents have not become contaminated while setting up the run.

Internal RNA extraction control

When performing RNA extraction, it is often advantageous to have an exogenous source of RNA template that is spiked into the lysis buffer. This control RNA is then co-purified with the sample RNA and can be detected as a positive control for the extraction process. Successful co-purification and qPCR for the control RNA also indicates that PCR inhibitors are not present at a high concentration.

A separate RT primer mix and a qPCR primer/probe mix are supplied with this kit to detect the exogenous RNA using qPCR. The PCR primers are present at PCR limiting concentrations which allows multiplexing with the target sequence primers. Amplification of the control cDNA does not interfere with detection of the HFMD target cDNA even when present at low copy number. The Internal control is detected through the VIC channel and gives a Cq value of 28+/-3 depending on the level of sample dilution.

Endogenous control

To confirm extraction of a valid biological template, a primer and probe mix is included to detect an endogenous gene. Detection of the endogenous control is through the FAM channel and it is NOT therefore possible to perform a multiplex with the HFMD primers. A poor endogenous control signal may indicate that the sample did not contain sufficient biological material.

Resuspension protocol

To minimize the risk of contamination with foreign DNA, we recommend that all pipetting be performed in a PCR clean environment. Ideally this would be a designated PCR lab or PCR cabinet. Filter tips are recommended for all pipetting steps.

- 1. Pulse-spin each tube in a centrifuge before opening.**
This will ensure lyophilised primer and probe mix is in the base of the tube and is not spilt upon opening the tube.
- 2. Resuspend the primer/probe mixes in the RNase/DNase free water supplied, according to the table below:**
To ensure complete resuspension, vortex each tube thoroughly.

Component - resuspend in water	Volume
Pre-PCR pack	
HEV-C primer/probe mix (BROWN)	165 µl
EV-71 primer/probe mix (BROWN)	165 µl
Internal extraction control primer/probe mix (BROWN)	165 µl
RT primer mix (GREEN)	165 µl
Endogenous control primer/probe mix (BROWN)	165 µl

- 3. Resuspend the internal control template and positive control templates in the template preparation buffer supplied, according to the table below:**
To ensure complete resuspension, vortex each tube thoroughly.

Component - resuspend in template preparation buffer	Volume
Pre-PCR heat-sealed foil	
Internal extraction control RNA (BLUE)	600 µl
Post-PCR heat-sealed foil	
HEV-C Positive Control Template (RED) *	500 µl
EV-71 Positive Control Template (RED) *	500 µl

* This component contains high copy number template and is a **VERY significant contamination risk**. It must be opened and handled in a separate laboratory environment, away from the other components.

RNA extraction

The internal extraction control RNA can be added either to the RNA lysis/extraction buffer or to the RNA sample once it has been resuspended in lysis buffer.

DO NOT add the internal extraction control RNA directly to the unprocessed biological sample as this will lead to degradation and a loss in signal.

- 1. Add 4µl of the Internal extraction control RNA (BLUE) to each sample in RNA lysis/extraction buffer per sample.**
- 2. Complete RNA extraction according to the manufacturers protocols.**

OneStep RT-qPCR detection protocol

A one step approach combining the reverse transcription and amplification in a single closed tube is the preferred method.

For optimum performance and sensitivity.

All pipetting steps and experimental plate set up should be performed on ice. After the plate is poured proceed immediately to the One Step amplification protocol. Prolonged incubation of reaction mixes at room temperature can lead to PCR artifacts that reduce the sensitivity of detection.

- 1. For each RNA sample prepare a reaction mix according to the table below:**
Include sufficient reactions for positive and negative controls.

Component	Volume
Lyophilised OneStep 2X RT-qPCR Master Mix	10 μ l
HEV-C or EV-71 primer/probe mix (BROWN)	1 μ l
Internal extraction control primer/probe mix (BROWN)	1 μ l
RNase/DNase free water (WHITE)	3 μ l
Final Volume	15 μl

- 2. For each RNA sample prepare an endogenous control reaction according to the table below (optional):**
This control reaction will provide crucial information regarding the quality of the biological sample.

Component	Volume
Lyophilised OneStep 2X RT-qPCR Master Mix	10 μ l
Endogenous control primer/probe mix (BROWN)	1 μ l
RNase/DNase free water (WHITE)	4 μ l
Final Volume	15 μl

- 3. Pipette 15 μ l of these mixes into each well according to your qPCR experimental plate set up.**
- 4. Pipette 5 μ l of RNA template into each well, according to your experimental plate set up.**
For negative control wells use 5 μ l of RNase/DNase free water. The final volume in each well is 20 μ l.

5. If a standard curve is included for quantitative analysis prepare a reaction mix according to the table below:

Component	Volume
Lyophilised OneStep 2x RT-qPCR Master Mix	10 μ l
HEV-C or EV-71 primer/probe mix (BROWN)	1 μ l
RNase/DNase free water (WHITE)	4 μ l
Final Volume	15 μl

6. Preparation of standard curve dilution series.

- 1) Pipette 90 μ l of template preparation buffer into 5 tubes and label 2-6
- 2) Pipette 10 μ l of Positive Control Template (RED) into tube 2
- 3) Vortex thoroughly
- 4) Change pipette tip and pipette 10 μ l from tube 2 into tube 3
- 5) Vortex thoroughly

Repeat steps 4 and 5 to complete the dilution series

Standard Curve	Copy Number
Tube 1 Positive control (RED)	2 x 10 ⁵ per μ l
Tube 2	2 x 10 ⁴ per μ l
Tube 3	2 x 10 ³ per μ l
Tube 4	2 x 10 ² per μ l
Tube 5	20 per μ l
Tube 6	2 per μ l

7. Pipette 5 μ l of standard template into each well for the standard curve according to your plate set-up

The final volume in each well is 20 μ l.

OneStep amplification protocol

Amplification conditions using Lyophilised OneStep 2X RT-qPCR Master Mix.

	Step	Time	Temp
	Reverse Transcription	10 min	55 °C
	Enzyme activation	2 min	95 °C
Cycling x 50	Denaturation	10 s	95 °C
	DATA COLLECTION *	60 s	60 °C

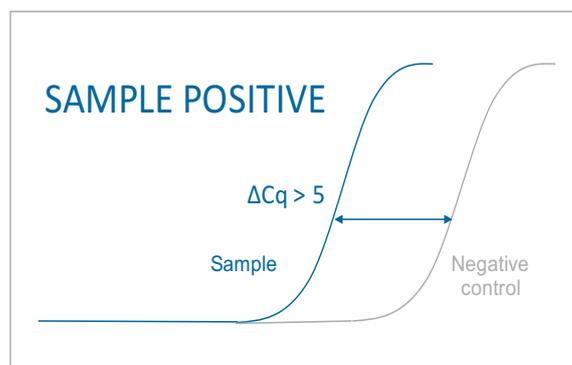
* Fluorogenic data should be collected during this step through the FAM and VIC channels

Interpretation of Results

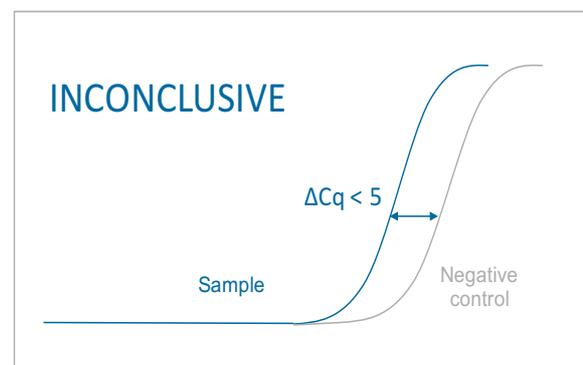
Target (FAM)	Internal control (VIC)	Positive control	Negative control	Interpretation
≤ 30	+ / -	+	-	POSITIVE QUANTITATIVE RESULT calculate copy number
> 30	+	+	-	POSITIVE QUANTITATIVE RESULT calculate copy number
> 30	-	+	-	POSITIVE QUALITATIVE RESULT do not report copy number as this may be due to poor sample extraction
-	+	+	-	NEGATIVE RESULT
+ / -	+ / -	+	≤ 35	EXPERIMENT FAILED due to test contamination
+ / -	+ / -	+	> 35	*
-	-	+	-	SAMPLE PREPARATION FAILED
+ / -	+ / -	-	+ / -	EXPERIMENT FAILED

Positive control template (RED) is expected to amplify between Cq 16 and 23. Failure to satisfy this quality control criterion is a strong indication that the experiment has been compromised.

*Where the test sample is positive and the negative control is positive with a Cq > 35 , the sample must be reinterpreted based on the relative signal strength of the two results:



If the sample amplifies > 5 Cq earlier than the negative control then the sample should be reinterpreted (via the table above) with the negative control verified as negative.



If the sample amplifies < 5 Cq earlier than the negative control then the positive sample result is invalidated and the result should be determined inconclusive due to test contamination. The test for this sample should be repeated.

Internal PCR control

The C_q value obtained with the internal control will vary significantly depending on the extraction efficiency, the quantity of RNA added to the RT and PCR reaction and the individual machine settings. C_q values of 28±3 are within the normal range. When amplifying a HFMD sample with a high genome copy number, the internal extraction control may not produce an amplification plot. This does not invalidate the test and should be interpreted as a positive experimental result.

Endogenous control

The signal obtained from the endogenous control primer and probe set will vary according to the amount of biological material present in a given sample. An early signal indicates the presence of a good yield of biological material. A late signal suggests that little biological material is present in the sample.